



Cook Islands

Exclusive Economic Zone Area:
1,969,553 sq. km

Total Area Protected:
1,968,987 sq. km

Marine Protected Areas: 16
Designated: 14
Established: 0
Proposed: 2

Terrestrial Protected Areas: 3
Designated: 2
Established: 1
Proposed: 0

International Designations: No

Designated are recognized or dedicated through legal means. Established are recognized or dedicated through other effective means. Proposed is in a process to gain recognition or dedication through legal or other effective means.

- ▲ **Marine Protected Areas**
- **Terrestrial Protected Area**
- Marine Protected Areas**
- Terrestrial Protected Area**
- Exclusive Economic Zones**

Project: Northern Islands, Cook Islands Protected Areas
Pacific Islands Protected Area Portal
Scale: 1:4,892,592

Date Accessed: 2025-07-25
For more information please visit:
<https://pipap.sprep.org/country/ck>

BIOPAMA

From Knowledge to Action for a Protected Planet



Data Disclaimer: Protected areas data was derived from the World Database on Protected Areas (WDPA) dataset (source: www.protectedplanet.net). Exclusive Economic Zone data was derived from Flanders Marine Institute (2019). Maritime Boundaries Geodatabase: Maritime Boundaries and Exclusive Economic Zones (200NM), version 11. Available online at <http://www.marineregions.org/>. <https://doi.org/10.14284/386>. To report any errors, please email pacificprotectedareas@sprep.org