



## Cook Islands

**Exclusive Economic Zone Area:**  
1,969,553 sq. km

**Total Area Protected:**  
1,968,987 sq. km

**Marine Protected Areas: 16**  
**Designated: 14**  
**Established: 0**  
**Proposed: 2**

**Terrestrial Protected Areas: 3**  
**Designated: 2**  
**Established: 1**  
**Proposed: 0**

**International Designations: No**

Designated are recognized or dedicated through legal means. Established are recognized or dedicated through other effective means. Proposed is in a process to gain recognition or dedication through legal or other effective means.

- ▲ **Marine Protected Areas**
- **Terrestrial Protected Area**
- Marine Protected Areas**
- Terrestrial Protected Area**
- Exclusive Economic Zones**

**Project: Cook Islands Protected Areas**  
**Pacific Islands Protected Area Portal**  
**Scale: 1:13,985,661**

**Date Accessed: 2025-07-05**  
**For more information please visit:**  
**<https://pipap.sprep.org/country/ck>**

**BIOPAMA**

From Knowledge to Action for a Protected Planet



Data Disclaimer: Protected areas data was derived from the World Database on Protected Areas (WDPA) dataset (source: [www.protectedplanet.net](http://www.protectedplanet.net)). Exclusive Economic Zone data was derived from Flanders Marine Institute (2019). Maritime Boundaries Geodatabase: Maritime Boundaries and Exclusive Economic Zones (200NM), version 11. Available online at <http://www.marineregions.org/>. <https://doi.org/10.14284/386>. To report any errors, please email [pacificprotectedareas@sprep.org](mailto:pacificprotectedareas@sprep.org)